Facilitating the Learning of Design Practices:
Lessons Learned from an Inquiry into Science Education

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A major emphasis in technology education is learning the practices of designers – making informed decisions, trading off achievement of criteria against each other, working in a team, communicating ideas and results, and so on. But how can one help students learn such ill-defined and open-ended skills? There have been a variety of suggestions made by the best teachers and those who observe and analyze their practices about how to achieve learning from project experiences (e.g., Barrows, 1985; Blumenfeld et al., 1991; Bransford et al., 1998; Collins et al., 1989; Monk & Osborne, 2000), and textbooks and innovative modules are being developed based on those best practices (e.g., Bell et al., 1995; CTGV, 1997; Kolodner et al., 1998, 2002, 2003; Edelson et al., 1999, Penner et al., 1998; Reiser et al., 2001). The literatures of cognitive science and the learning sciences inform us about the learning of skilled practices (see, e.g., Bransford et al., 1999; Collins et al., 1989, Scardamalia et al., 1984; Palinscar & Brown, 1984) and make some suggestions about how to promote learning such skills as reading and writing. But there has been only a little research devoted specifically to using what we know about skill learning to promoting learning of the kinds of skills designers engage in (e.g, Cossentino & Shaffer, 1999; Craig & Zimring, 2000; Jansson, 1993; Schon, 1990).

In this paper, we focus on lessons we’ve learned from an inquiry into science education
about how to promote learning of such skills. Many think about science education as education towards learning the “facts” or content of science and how to apply them. But science education that is truly aimed towards scientific literacy focuses as well on learning the practices of scientists – designing and carrying out investigations in a replicable way, accurate observation and measurement, informed use of evidence to make arguments, explanation using scientific principles, working in a team, communicating ideas, and so on. In fact, scientists and designers practice many of the same skills.

The focus in our endeavor, called Learning by Design™ (Kolodner et al., 1998, 2002, 2003; Hmelo et al., 2000) has been to help middle school students (grades 6 to 8; ages 12 to 14) learn science content such that they can apply it in new situations and to engage skillfully in the practices of scientists. Students learn content and skills in the context of engaging in design challenges. For example, they learn about motion and forces by spending eight weeks iteratively designing, building, and testing a miniature vehicle and its propulsion system that can go a certain distance over a certain terrain. They learn about mechanical advantage by designing and building machines for lifting heavy objects. They learn about erosion and water drainage and their management in the context of trying to figure out how to keep the dirt on a hill from accreting on a newly built basketball court at its bottom. They do this by iteratively designing, constructing, and testing physical models of earth formations and of erosion-management approaches. They learn about aquifers, the rock cycle, and rock characteristics by producing a geological report and advice on drilling for core samples to an imaginary construction company that is bidding for construction of a subway system. Models they design, construct, and run along the way help them understand the rock and water issues the construction company will have to consider.
In LBD, the design challenge provides reason for learning the science content, and engaging in the challenge provides a natural and meaningful venue for engaging in both science and design skills. The need to make one’s design ideas work provides opportunities and reasons for students to identify incomplete and poor conceptions of science content and to debug those conceptions; the iterative nature of design provides opportunities to apply and test new conceptions; and the collaborative nature of design provides opportunities for team work and the need to communicate ideas and results well.

Students who have participated in LBD pilot and field tests have learned science content as well or better than those learning under more traditional methods. More importantly, though, they have learned many of the skills of scientists and designers well enough to collaboratively carry them out quite expertly along with their peers. Our analyses show that LBD students engage in collaboration, communication, informed decision making, and design of investigations in a far more expert manner than their matched comparisons (Kolodner et al., 2002). Indeed, LBD students in typical-achievement classes perform these skills and practices as well as or better than honors students who have not been exposed to LBD, while LBD honors students perform the targeted skills and practices like high school or college students.

We designed Learning by Design based on principles about learning and transfer gleaned from the cognitive science and learning sciences literatures. In the process of making our ideas work in the context of middle-school classrooms, we’ve learned about how to put those principles into practice in learning skilled practices. Five interconnected and overarching strategies for learning skills and practices have emerged from our work:

1. **Foregrounding of skills and practices:** Through cycles of iteratively trying out (applying) what one is learning, interpreting and explaining one’s solutions, debugging one’s knowledge
and skills based on those explanations and planning and predicting future use, and then applying what one has just figured out; reflection on use is critical.

2. **Practice:** Consistent, continuous, reflective practice of targeted skills and practices in contexts consistent with authentic use; individually, in small groups, and publicly

3. **Establishing need:** Giving students a need to use the skills and practices and reasons to want to work together with and learn from each other, through challenges that are complex enough to require collaboration and that require the targeted skills

4. **Making recognition of need to use automatic:** Through ritualizing the practice of important packages of skills

5. **Establishing and enforcing expectations:** Through establishing and sustaining a culture of rigorous thinking and collaboration through activities that make the need for such practice clear, and then using that culture to promote and support reflective practice

These five principles arose from investigations that began, first, by consulting several literatures that focus on skill learning and transfer, followed by design of a first-pass approach to learning science from design based on these literatures, and then iterative redesign of the approach based on experiences in the classroom and consultation of additional literatures. We have also learned a considerable amount about tactics for implementing these principles.

This paper continues by defining the terms “skills” and “practices” and then continues with a discussion of what it takes to learn them. We then present excerpts from two LBD units that illustrate those strategies and tactics and then more detail on the tactics we use. Finally, we consider three big issues in making such an approach work -- how to assess the degree to which students are learning skills and practices; preparing teachers for managing a classroom environment such as the one we propose; and taking the approach from science to technology
classrooms. We concentrate on design decisions we’ve made in designing our Learning by Design units and on their implications for learning skills and practices outside of the LBD context.

**Defining Skills and Practices**

We begin by explaining what we mean by skills and practices. We listed several above – informed decision making, identifying and using evidence well to make an argument, designing and running an investigation, working with a team, communicating ideas and results. Some skills are specific to a discipline – for example, running a well-controlled and replicable physics or chemistry experiment. Others are common across disciplines but may be carried out with different standards of practice and using different knowledge, depending on the community carrying them out – for example, making informed decisions, working with a team, and communicating ideas and results.

All the skills and practices listed are commonly practiced by some community of experts. Indeed, this is a defining characteristic of the skills and practices that the science education community has defined as important for science literacy (see, e.g., AAAS, 1993; NRC, 1996) and of the skills and practices that the technology education community has defined as important for technological literacy (see, e.g., ITEA, 2001). For each, there is a recognized community of skilled practitioners (e.g., scientists, engineers, industrial designers) who use these practices from day to day to accomplish goals that our society considers important.

For example, scientists aim to develop better understandings of the world around us. Their results are accepted or challenged by the community based on the skill and logic of those making claims. Are the questions they are asking important and sound ones? How well did they design and carry out their investigations? How well did they interpret their results? Are they providing
sound justifications for those interpretations and their implications? Having one’s claims accepted requires skills associated with inquiry, investigation, and interpretation, as well as communication skills. And inquiry, investigation, and interpretation often require teamwork and, hence, collaboration skills.

Engineers aim to design artifacts and discover principles that can govern the design of artifacts that will allow us to have more control over the world around us. As within the scientific community, the designs and design principles put forth by these practitioners are accepted or challenged based on the skill and logic of those making claims. But the questions asked in judging the claims are different. Have they chosen an important design need to focus on? How well did they do at defining the criteria and constraints for achieving that design need? Did they trade off criteria against each other in a way that can be justified? In what circumstances does their solution work? Where does it fail to work? What principles can be derived from the solution that can be used elsewhere, and how broadly do they apply? Having one’s claims accepted requires skills associated with specifying the design problem or set of problems well, identifying constraints one is working under and prioritizing criteria to be achieved, understanding the affordances of materials, applying what is known, testing one’s ideas, explaining failures, iteratively moving toward working products, and extracting principles for future work. While judgment of designs is based on how well and broadly they work, they are conceived in conjunction with clients, and communication of ideas, the criteria they achieve, and the tradeoffs between different approaches is critical to getting to a solution that fulfills a client’s needs. Construction skills are imperative in making an artifact work. And many of the steps in getting to a working artifact require teamwork, and, hence, collaboration skills.

Skills and practices are the complex cognitive, social, and physical actions carried out by
members of a community. “Skills” refers to the strategic and tactical procedures an individual carries out – identifying evidence that would inform a solution, adapting an old solution to fit a new one, communicating one’s reasoning, carrying out a procedure in a replicable way.

“Practices” package up the skills that are highly valued by a community and consistently carried out by its members, often in conjunction with each other. The better one’s expertise in carrying out valued skills, the better a practitioner one is considered by that community.

What we aim for in science education is that learners establish at least a working understanding of the skills that are valued by science’s community of practice, with more advanced students able to carry out each with more fluency and over a larger variety of situations. Science literacy means having familiarity with and appreciation of the practices of scientists, so that, among other things, learners will be able to judge the veracity of claims made by others. Technology literacy has similar goals (ITEA, ??), including familiarity with and appreciation of the practices of designers, so that, among other things, learners will be able to use technologies in informed ways, aware that there may be limits to the workings of each.

There are a variety of science and technology skills that it is important for all learners to have facility with, for example, evaluating evidence and being able to use it to make informed decisions. Learners who want to become scientists or engineers will need to be able to engage more skillfully in the practices of their community. Learners who want to become attorneys advising one of those communities (e.g., about patent law) must understand the practices of the community they are advising so that their advice adheres to common practices and to the dangers of common practices. Those who will support scientists and engineers – e.g., craftspeople and information technologists – will need to understand the goals and practices of those they are working with. There is thus good reason for all students to at least gain familiarity and a shared
working understanding of the skills and practices of both science and technology.

The exemplar skills and practices listed in Table 1 are all foregrounded in LBD and are all listed in the science and/or technology standards; our research group has experience promoting the learning of each.

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<td>Identifying criteria, constraints, problem specification</td>
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<td>Generating questions that can be investigated</td>
<td>“Messing about” with and understanding material</td>
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**Promoting Learning of Complex Skills and Practices:**

**The Literatures’ Suggestions**

The cognitive psychology, educational psychology, developmental psychology, science education, and learning sciences literatures provide some basic guidelines about promoting transfer (the ability to use skills or knowledge learned in one situation in another the learning didn’t target), the development of the ability to recognize applicability of a skill and carry it out skillfully, the role of a community of learners in facilitating learning of practices, and the kinds of scaffolding, or support, needed to promote skill learning (see, e.g., Bransford et al., 1999). Together, they advocate several important practices for promoting skills learning.
First, they advocate deliberate reflective practice of targeted skills (Ericsson et al., 1993), i.e., learning in the context of doing that includes monitoring one’s doing and learning and one’s experience of learning, and frequent, timely, and interpretable feedback. Deliberate means that the skills are practiced in a context that promotes learning; reflective means that their practice is discussed and lessons drawn out from that discussion. Feedback is timely when one can sense it in time to interpret it so as to be able to learn from it the quality of one’s conceptions. The best feedback comes right after one has performed some task and comes in a form that is easy to interpret (see, e.g., Bransford et al., 1999; Hmelo et al., 2000; Schank, 1982, 1999; Schank & Cleary, 1994). When learning in a context of doing, learners take on goals that give rise to a need to learn; they fail in gentle and educational ways, motivating question asking and explanation; they have a need to try again (iterate), which provides an opportunity for applying and testing their revised conceptions; and they have a need to interpret their experiences so as to learn lessons from them (Kolodner, 1993, 1997; Schank, 1982; 1999).

Second, the literatures are specific about reflection that promotes learning. They advocate making the reasoning involved in carrying out skills transparent to students, suggesting a variety of tactics, including modeling by the teacher of important skills, articulation by the teacher of his/her reasoning, coaching of learners as they are attempting to carry out the skills, and articulation by students of their reasoning (Palinscar & Brown, 1984; Scardamalia et al., 1984; Schoenfeld, 1983, 1985, 1991). Learning is enhanced if, in addition, students consider the transfer implications of what they are learning. For skills learning, this means anticipating when it would be advantageous to carry out a skill in a certain way or how one would carry out the new skill in different circumstances (Anderson et al., 1996; Klahr & Carver, 1988). The case-based reasoning literature suggests three additional goals to reflection (Kolodner, 1993, 1997,
Schank, 1982, 1999): (i) connecting up one’s goals, intentions, plans, procedures, results, and explanations of results; (ii) explaining results that are different than what was expected and from those explanations, developing new conceptions; and (iii) reflection across experiences to extract out commonalities (and differences).

These literatures warn that learning of practices and skills comes slowly, that deliberate and reflective practice must be carried out consistently over a long period of time (e.g., Bransford et al., 1999; Campione et al., 1995), and that reflection should be aimed toward helping learners develop deep understanding. Concepts and strategies being learned need to be experienced across multiple contexts so that learners can extract relevant characteristics across contexts and learn a range of applicability conditions. And it is important that students both understand the specifics of particular problems and learn the abstractions and principles behind those problems (so that they will be able to transfer what they are learning to a wide range of analogous situations; Gick & Holyoak, 1983; CTGV, 1997; Kolodner, 1997; Singley & Anderson, 1989). They admonish that learners need help identifying productive abstractions (Holyoak & Thagard, 1995) and noticing similarities and differences across diverse events, and that experience with a variety of concrete problems coupled with extracting the principles that time them together will result in learners who can think more flexibly (Bransford et al., 1998, Spiro et al., 1991). Such practices engage students actively in focusing attention on critical issues, critical features of problems, and critical abstractions and principles, and on evaluating their own understanding.

These literatures tell us that learning for transfer is a dynamic and strategic process, that transfer itself includes a variety of complex decision making – choosing strategies, considering resources, judging applicability, and seeking and receiving feedback – and that it depends on active memory processing that re-represents and re-organizes what’s been learned (e.g., Brown
et al., 1983; Singley & Anderson, 1989). Before someone is ready to fully engage in transfer by himself or herself, s/he is often able to do the applicability and application part based on somebody else’s prompting (Gick & Holyoak, 1980; Perfetto et al., 1983), and practice engaging in transfer seems to be essential to deep and lasting learning.

The literatures suggest that peers can help each other in developing these competencies – cognitive apprenticeship (Collins et al., 1989) advocates orchestrating the classroom in ways so that as students begin to gain expertise in targeted skills and practices, they can model for and coach their peers. The approach called Fostering Communities of Learners (Campione et al., 1995) advocates not only that students act in ways that promote their peers’ learning but also that the classroom’s ethos should value collaboration and learning together – creating an environment in which students realize that they have responsibility for helping each other learn. Problem-based learning (Barrows, 1985; Koschmann et al., 1993/4) provides advice about tools to use in the classroom to help students maintain continuity as they are solving a problem (a “whiteboard” is used to record student knowledge, ideas, questions, and plans for moving forward), the ways in which students should interact while working on challenges (they should divide up investigative activities in such a way that they need each other’s results), and roles a teacher should play (e.g., modeling skills, explaining how she carried them out, coaching, helping students stay on track, helping students extract out what they can learn from their experiences, pushing students to justify their ideas and explain principles they bring for others to use).

The architecture education community adds to this pragmatic advice about setting up the environment well for the learning of practices (refs) – the role of the studio and the kinds of presentation opportunities that are useful for learning skills. They advocate learning in an environment where one can be immersed in the practices of the community. In a design studio,
this means having available the tools and resources that architects use, and, as architects do, having available considerable wall space for hanging designs in progress and resources that might lead to new ideas (refs). They also promote several kinds of presentations – design crits, where a designer explains his/her design privately to a peer or the teacher for critique, and pin-up sessions, where the design and its justifications are presented (usually visually) to a board of experts who comment on it.

**Promoting Skills Learning with Learning by Design™**

Learning by Design builds on these literatures, taking suggestions about classroom practice from the cognitive apprenticeship, problem-based learning, and fostering communities of learners approaches, and aiming to integrate the kinds of experiences and reasoning about them that the other literatures suggest. Because the practice of design affords practicing nearly all of the skills targeted in the science standards (see Table 1), and because design, construction, and trial of working devices affords visible feedback about the designer’s intentions and conceptions, LBD situates science learning in the context of designing devices. Curriculum units organized around a design challenge provide opportunities for scientific inquiry, for applying what is being learned with immediate feedback, and for engaging in and learning complex cognitive, social, practical, and communication skills as they are learning and applying science content. Construction and trial of real devices gives students the opportunity to experience uses of science and to test their conceptions and discover the bugs and holes in their knowledge. Figure 1 shows the cycles of activities involved in learning from design activities.
A sequence of activities tends to fall out of the cycle. Understanding the challenge comes first (top of the Design/Redesign cycle) and involves “messing about” in small groups with materials or devices, and then, as a class, engaging in a PBL-type “whiteboarding” session – generating ideas and questions that need to be answered, and identifying what needs to be investigated to successfully achieve the challenge. Investigation follows, with students focusing on activities in the Investigate & Explore cycle. In our science classes, this means clarifying the question that needs to be answered, making a hypothesis about its answered based on what one already knows, designing an experiment, running it, analyzing results, and presenting to the class in a poster session. Poster sessions, like whiteboarding, are a whole-class activity. Each group presents their investigation and results, as in a poster session at a scientific or technical conference, and peers question them about their procedures and interpretations and provide suggestions and critique. When all groups are finished presenting, the teacher helps them look across the different groups’ procedures and results and extract out “design rules of thumb” that the results suggest and “fair test rules of thumb” about investigative procedures that result in trustworthy results. Students return to understanding the challenge, specifying the criteria and
constraints they now understand to be important to its achievement.

Design/redesign continues with students using the results of investigations to plan their best solution to the challenge. Students work in small groups and are asked to be careful to note each of their design decisions and the evidence and reasoning justifying each. They present their ideas and their justifications to each other in a “pin-up session,” run similarly to a poster session but with a focus on ideas and their justifications. Design rules of thumb are revisited, and discussion after the poster session focuses on those and on deriving and reviewing “evidence rules of thumb,” rules of thumb about how to identify and use evidence well to justify a decision.

Students return to their designing, revising their design plans based on suggestions and critiques made by their peers, and then they begin constructing and testing their designs, keeping records as they test. This is followed by analysis of results and another presentation to the class, this time of what happened when they tried out their design ideas. In these presentations, called “gallery walks,” students review their design ideas with their peers, show the device they built and what happened when they ran it, and try to explain its behavior. They try to tell the class how they will proceed – what they need to learn more about or how they revised their understanding of something and what they will do next to their design as a result. But many students are not able to explain their device’s behavior by themselves. For these students, the gallery walk provides a time for getting help with explaining their device’s behavior and figuring out what to do next. The gallery walk is a time for engaging publicly in debugging, explaining, and redesigning. Whole-class discussion afterwards focuses on revising design rules of thumb, debugging, explaining, and redesigning, and creating rules of thumb for doing those well, then returning to the whiteboard and the challenge and revising criteria and constraints as a class.

Groups continue doing whatever is needed for their designs. Some may need to learn
something new and engage in additional investigation before continuing through the Design/
redesign cycle again; others will move on to replanning, and others will move on to constructing
their devices better. The teacher calls gallery walks followed by whiteboarding several times
more as the groups move toward achieving the challenge, but when all groups seem to be on the
road to success, groups navigate the cycles as they need to until completion of their designs.

A set of examples will illustrate. Notice how the principles listed in the introduction are
enacted in classroom activities. The first example is of an early activity, done approximately one
month into the school year that has as its major goal to introduce students to the skills and
practices of designing and doing science. The second example is of a follow-on activity done
one to two months later in the school year that takes advantage of the skills students have learned
earlier in promoting learning of both complicated content and more rigorous use of skills.

Example 1: The Parachute Challenge

The Parachute Challenge is part of LBD’s “launcher unit” for physical science (Holbrook &
Kolodner, 2000), where students are introduced to the culture of collaboration and scientific
reasoning through a variety of short design challenges. They’ve had experiences introducing
them to designing, collaboration, and experimentation, and they’ve seen the movie Apollo 13,
where scientists and engineers work together at these practices to save the ill-fated Apollo 13
mission. Students have already been introduced to the variety of presentation and whole-class
discussion sessions, but the Parachute Challenge provides students their first opportunity moving
through the complete LBD cycle as it introduces a bit of the science of forces.

The teacher begins by introducing the challenge. In the movie, Apollo 13, students have just
seen the re-entry module being slowed down by parachutes as it re-enters Earth’s atmosphere.
They wonder how parachutes are able to do that. That scientific question guides the Parachute
Challenge. Students learn answers to that question by designing their own parachute (using round coffee filters) that can carry two or three washers as slowly as possible to the ground.

**Understanding the Challenge:** The teacher helps pique the students’ curiosity by presenting several demonstrations of coffee filters falling to the ground, asking students to predict which configurations of filters will fall faster or slower. (For example, will 3 coffee filters one inside the other fall faster or slower than three filters opened up and taped to each other to create a large canopy?) Some can predict; some can’t; all become curious about why some configurations fall slower than others, and all begin to develop hypotheses (e.g., the bigger the canopy, the slower it will fall). The teacher hands coffee filters and tape to student groups and asks them to spend 20 minutes “messing about” with the coffee filters to further develop their hypotheses and to develop questions about what effects their rate of fall. Students work in groups with 3 to 4 members. They group the filters into different configurations and watch to see the relative rate of fall of each configuration of filters. The aim here is that they begin to gain some intuitions about the materials they are using and the physics that guides the ways those materials behave. Some groups try out many different configurations of filters – different shapes, different numbers of filters, and so on. But some groups don’t know what to do at this point and spend their 20 minutes simply repeating what the teacher has just demonstrated.

After “messing about,” the class comes together for “whiteboarding,” presenting to each other what they’ve observed, as well as their hypotheses about why it is happening the way it is, the questions they need to answer to know for sure if their hypotheses are good ones, and the questions they need to answer to design their best parachute (e.g., what size canopy should we use; should we put holes into it?). During this public session, the teacher helps the class see what their peers have done while messing about, helps them to articulate questions and hypotheses,
and helps them turn their initial questions into questions that can be answered through well-controlled experiments (e.g., what effect does size of canopy have on rate of fall; what effect do holes have on rate of fall; where should holes be placed for good stability?). They might also have a discussion about the ins and outs of good experimentation, reminding themselves of what they’ve learned about experimentation during earlier activities, e.g., the need to vary only one variable at a time, the need to run procedures exactly the same way each time. Indeed, there may be a poster on the wall with “fair test rules of thumb” generated during previous activities and with such entries as “To insure a fair test, make sure to run procedures exactly the same way each time,” and “To insure a fair comparison, keep everything the same except for one variable.” The teacher’s demo and messing about promote curiosity. Following curiosity-promoting activities with whiteboarding provides a public venue for working through the ins and outs of asking good questions and provides students who were floundering earlier to see what other groups have done and to gain from their experiences.

**Investigate & Explore:** After the class agrees on which of the questions generated are the most important ones for success in the challenge, each group of students takes responsibility for answering a question and then designs and runs an experiment (investigates) to find an answer. It is usually the end of a class period at this point, and for homework, the teacher assigns individuals the responsibility of designing an experiment that will assess the effects of their variable. As they are designing their experiments, students use a “Design Diary” page that prompts them on what to pay attention to in designing and running an experiment and collecting data (Puntambekar & Kolodner, 1998, submitted) (Figure 2). While class discussions provide pointers about good experimentation (the investigative mode students are using), it is the rare learner who can use pointers well, even after several discussions and attempts at use. Design
diary pages provide reminders about the most important points touched on in class discussions.

Figure 2: Design Diary Page: My Experiment

Students get together in small groups the next day, comparing and contrasting the experiments they have each designed and designing an experiment that takes the best of each. One student may have remembered that multiple trials are needed while another grappled with which variables to control. It is rare for a single student to consider everything needed for a fair test. The teacher makes her way around the room, providing help as groups need it.

Students spend a day or two designing and running their experiments and collecting and analyzing their data, and at the beginning of the following day, each group prepares a poster to present to the class. They show their experimental design, data, and data interpretations, and they try to extract out advice for the class from their results. Each group presents to the class in a “poster session.” Because students need each others’ investigative results to be successful
parachute designers, they listen intently and query each other about experimental design and procedures and gathering and interpretation of data. This provides an opportunity to discuss the ins and outs of designing and running experiments well. For example, in running parachute experiments, it is common for the group investigating the effect of the canopy size on rate of fall to compare parachutes that not only are different in canopy size but also in canopy mass (they use 3 coffee filters for one chute, 5 for another, and 7 for another). They might add a rule of thumb to the “fair test rules of thumb” list that points out the need to make sure that when sizes are changed, mass remains the same, e.g., “When varying size of an object in a fair test, be careful not to change mass at the same time.” Usually, even though students have already had some previous experience designing and running experiments, most groups’ results are not trustworthy yet, and they redo their experiments and the cycle of activities just described.

When the class agrees that results most groups have come up with are believable (usually after redoing experiments), the teacher helps students abstract over the full set of experiments and experimental results to notice abstractions and extract out “design rules of thumb,” e.g., “When the number of filters is kept the same but the canopy is made bigger, the chute falls more slowly” and “When the mass of the load is larger, the parachute falls more quickly.” Experiments provide learners the opportunity to experience and record phenomena, but they don’t necessarily understand why those phenomena are happening. To learn the explanations behind these phenomena, the teacher makes some relevant reading available about the science content involved in designing parachutes that will explain the rules of thumb derived so far – about air resistance, gravity, Newton’s Second Law, or combining forces, or parachutes – and then helps the class begin to explain the rules of thumb they’ve noticed.

**Design planning (using results):** Next, students plan their parachute designs, using the
combination of experimental results the class has produced, design rules of thumb extracted out, and scientific principles read about and discussed as a class. Generally, the teacher has each individual plan his or her design for homework. The group then discusses the ins and outs of each individual design decision that has been made and decides on a group design. The teacher makes her way around the room checking that decisions groups are making are well-justified and not simply based on the loudness or popularity of a group member.

Each group prepares another poster, this time presenting their design ideas along with the evidence that justifies each decision and their predictions about how it will perform. They present to their peers in a “pin-up session.” During this activity, justifying decisions using evidence and making predictions are the primary foci, and after groups present to their peers and entertain their peers’ questions and suggestions, the class as a group discusses not only the ideas that everyone has presented, but also the practice of justifying, what it means to identify and use good evidence, and making predictions.

**Construct & test; Analyze & explain; Present & share:** Students now move to the construction and testing phase, modifying their designs based on discussions in class, and then constructing and testing their first parachute. They use another design diary page, this time with prompts helping them to keep track of their predictions, the data they are collecting, whether their predictions are met, and explanations of why not (Figure 3).
None of their parachutes work exactly as predicted, sometimes because of construction problems and sometimes because of incomplete understanding of scientific principles and the results of experiments. After working in small groups to try to explain their results, the class engages in a “gallery walk,” with each group’s presentation focused on what happened when their design was constructed and tested, why it worked the way it did, and what to do next so that it will perform better. Explanations are usually quite poor at this time of year, but the teacher helps students state their explanations scientifically and calls on others in the class to help. Hearing the explanations students are generating allows the teacher to identify misconceptions and gaps in student knowledge, and discussions about those conceptions and gaps might follow the gallery walk, along with readings or a short lecture or set of demos to help promote better understanding. This gallery walk is also followed by classroom discussion abstracting over the
set of experiences presented, and revisiting and revising design rules of thumb, correcting them and connecting them better to explanations of why they work. Discussion also focuses on the explanations students made, and the class might begin to generate a working definition of “scientific explanation,” e.g., “Explaining scientifically means providing reasons why something happened that use science terminology and include the science principles learned earlier.”

Iterative Redesign: Students make their way again around the Design/redesign cycle, revising their designs, based on explanations their peers have helped them develop and the new things they’ve learned. They construct and test their new designs, each time using another “Testing my Design” page, and they iterate towards better and better solutions until they or the teacher decide they have gotten as far as they need to. Discussions after gallery walks often focus on “fair testing,” this time not in the context of an experiment but rather in the context of comparing results across different parachute designs. Students will not be able to explain why a new design works better than an old one if they have changed more than one thing since the earlier time. Nor will they be able to believe their own results if they don’t follow the same testing procedures each time. Sometimes teams discover these issues as they are testing a later design and report them to the class; sometimes a peer notices that a test was done differently than last time or, if results are confusing, asks how a test was done and helps a group discover inconsistencies in their procedures. The “fair test rules of thumb” may be consulted and refined, as might the working definition of “scientific explanation.”

Finishing up: The activity takes six to ten class periods. At the end, they hold a final gallery walk and a competition and compare and contrast across designs to better understand the scientific principles they are learning, going back to the rules of thumb to revise and explain them better. They discuss their collaboration experience, their design process, their use of
evidence, and so on, and revise the rules of thumb and working definitions. Each student writes up and hands in a project report – including a summary of the reasoning behind their group’s final design and what they’ve learned about collaboration, design, use of evidence, and so on.

Example 2: The Balloon-Car Challenge

The Balloon-Car Challenge comes a month to six weeks after the Parachute Challenge and is a sub-challenge of our Vehicles in Motion unit. In this unit, students learn about forces and motion in the context of designing a vehicle and its propulsion system that can navigate several hills and beyond. The Vehicles unit builds on the knowledge and skills learned earlier and helps students develop a deep understanding of the effects of forces on motion.

In the early part of the Vehicle Challenge, students have “messed about” with toy cars and noticed that some navigate hills and bumpy terrain better than others, that some start easier than others, and some go farther, faster, and/or straighter than others. They’ve generated a variety of questions about effects of forces on motion, e.g., “What effects how far a vehicle will go?” “How can we apply enough force to a car to make it go over a hill?” “What kind of engine will get a vehicle started easily and keep it going?” They’ve also engaged in the first part of the Vehicles challenge, the Coaster Car Challenge, where they design and construct a coaster car that can go as far and straight as possible after being let go at the top of a ramp. During the coaster car challenge, they focus on combining forces, on two particular forces (gravity and friction), and on the skills of explaining behavior of a device scientifically and making decisions informed by evidence. As they iteratively redesign their coaster cars, they try to explain why their vehicles are not going as far or straight as they’d like (the force called friction that pushes in a direction opposite to the direction the vehicle is going combines with the forces pushing the car forward to slow it down) and how to make their cars go farther or straighter (if one can get rid of
a force in the wrong direction, there will be more force in the right direction; more force in some
direction will make the car go farther in that direction), and to understand the sources of friction
in their vehicles (wheels rubbing on the chassis, axles not parallel to each other).

The Balloon Car Challenge comes next, and they are challenged to design and build a
propulsion system from balloons and straws that can propel their coaster car as far as possible on
flat ground. They begin by building several balloon-and-straw engines and messing about with
them. Figure 6 shows students racing a set of balloon-powered cars.

Understanding the Challenge: As during the Parachute Challenge, understanding the
challenge involves first messing about, then whiteboarding as a class to identify ideas. By now,
students have experienced messing about several times, and they are becoming adept at it.
There’s little floundering. They know that they should quickly try out several different possible
ways of using the materials and eyeball how each seems to work. Thus, it is not uncommon
during this session to see students trying out engines with shorter and longer straws attached,
trying out more than one engine, and trying wider and narrower straws. After 20 minutes of
messing about, they gather together for whiteboarding. They eagerly volunteer what they’ve
observed (e.g., “It seems like a wider straw makes the car go farther,” “We attached two straws
to our balloon, and it went really far.”), argue about what they saw and how to interpret it, (e.g.,
“Our car seemed to go farther with a shorter straw,” “Ours went farther with a longer straw,” “I
don’t think we can compare across those cars because they didn’t go exactly the same distance
off the ramp. We’ll need to run fair tests to really know.”), try to explain what they observed
(e.g., “I think the wider straw makes it go farther because more air comes out of it, and that must
mean more force.”), and identify variables whose effects they want to know about conclusively
(e.g., length of straw, number of straws in a balloon, diameter of straw, extra engines, bigger
balloons, amount of air in the balloon). The teacher helps them organize their thoughts on the whiteboards, groups each choose a variable whose effects they will investigate in an experiment, and for homework, each individual designs an experiment.

**Investigate & Explore:** This cycle happens similarly to in the Parachute Challenge but with two differences. First, students have already read about how forces combine and used what they’ve learned to explain how their coaster cars behaved; they therefore know enough to be able to make predictions based on their scientific knowledge before designing and running experiments. Second, because they have more experience with designing and running experiments, more groups tend to design and run better experiments now than during the Parachute Challenge. As during that challenge, students take a day or two to design and run experiments, collect and analyze data, and prepare to make presentations to each other. They present to each other in a Poster Session, followed by a whole-class discussion pulling out design rules of thumb (for balloon engines) from experimental results, attempting to explain those rules of thumb based on what they already know about forces, and identifying additional things about forces they need to learn. They spend time before going back to the challenge learning about the concepts in Newton’s Third Law – equal and opposite forces – and use that science to explain how a balloon-powered vehicle behaves. Figures 4 and 5 show typical posters.
Design planning: Upon returning to the design/redesign cycle, the class briefly revisits the whiteboard and specifies the constraints and criteria of this challenge. For homework, each individual designs his or her best balloon-powered vehicle. Then each group plans their best design, using what they learned from their experiments to design their best balloon-powered engine. Students tend to design cars with two or three or even four balloon engines, often the balloons are doubled, and they tend to use wide straws or several narrow ones attached to each balloon. They justify these decisions based on the experimental results they’ve seen and what they know about forces. But they don’t know yet how the logistics of getting the cars started will need to constrain their designs (it is generally too hard for them to manage blowing up more than two balloons without letting the air out of them before getting the car going). Groups
present their designs to each other in a Pin-up Session, justifying their design decisions.

The decisions made during Balloon Car design planning tend to be better justified than those made during the Parachute Challenge. Justifications tend to refer to both the experiments that have been done and the principles about combining forces that were discussed earlier (e.g., “We decided to use two balloon engines because Group 3’s experimental results showed that the more balloon engines, the more force will be exerted, and the farther the car will go. We didn’t use more than two because we couldn’t figure out how to blow up more than two balloons at a time. We also decided to double the balloons on each engine because Group 4’s experiment showed that double balloons make the car go farther. We think this is because a double balloon exerts more force on the air inside the balloon, providing more force in the direction we want the car to go.” The teacher might point that out to the class that their justifications are better and ask them if they know why, using the results of that discussion to update “justification rules of thumb,” e.g., “Justifications can refer to experimental results or to scientific principles; if they refer to both, they will convince people more than if they refer to just one.”

**Construct & test; Analyze & explain; Gallery walks, Iterative Redesign, Finishing up:**

Activities proceed as in the Parachute Challenge. Each group makes minor changes in its design based on discussions in the Pin-up Session, and then they construct their engines, attach them to their vehicles, and test the results. They present in gallery walks and help each other explain their vehicles’ behaviors, perhaps reading and discussing more about combining forces. They iteratively redesign their engines, in the end holding a competition and writing up their designs.

There are several differences between the enactment of this challenge and the Parachute Challenge. First, students show more fluidity in sequencing their own activities. They understand when it is time to share results or ask questions of their peers. Whether or not the
teacher calls for a gallery walk, students move around the room showing their peers what they’ve learned and asking their advice. Second, students show more fluidity in collaboration. They work better together – sharing the work of building and testing their cars fairly automatically, also listening better to each other as suggestions are made and making arguments in their groups and justifying them well. Some students in the class emerge as experts in different areas – knowing how to make a balloon engine that doesn’t leak, being able to explain the balloon engine’s behavior, and so on. Students seek out the experts when they need them. Students also know more content now, and they try to use it to predict and explain their vehicle’s behaviors.

![Figure 6: Balloon Cars](image)

**Promoting Skills Learning: Guidelines**

Our pilot and field test results show that LBD students become quite competent at collaboration, communication, design, and science skills. Comparisons between matched groups
of LBD and non-LBD students show that LBD students greatly outperform comparison students in their abilities to design experiments, plan for data gathering, and collaboration (Kolodner et al., 2003). Indeed, mixed-achievement LBD classes outperform comparison honors students on these measures. Observations of LBD classes show that LBD students become competent at several design skills, e.g., identifying criteria and constraints, making informed decisions, justifying decisions (Kolodner et al., 2002b). The differences in the ways students engage in collaboration, science, and design skills are highly visible in the classroom, as well as being visible in the formal assessments we administer after the Parachute Challenge and then at the conclusion of the Vehicles unit. Students engage enthusiastically and with skill in several important practices. They get better at “talking science,” using the vocabulary of forces well, but also getting better at explaining, justifying, and persuading using evidence. They get better at “doing science” – controlling variables, designing procedures, running procedures precisely, measuring, observing, recording, and so on. They require each other to be more rigorous, collaborate skillfully and willingly, and learn and use the content they are learning.

Where does this increased skill come from? As stated earlier, we believe that five strategies in LBD are responsible for these successes:

1. Foregrounding of skills and practices
2. Deliberative and repeated practice
3. Establishing need
4. Making recognition of applicability automatic
5. Establishing and enforcing expectations

In the following subsections, we try to make clear how these principles that come from LBD can be applied in technology education classrooms.
Foregrounding the learning of skills and practices through iterative cycles of doing, interpretation, reflection, and doing again: The learning literature tells us that “deliberate practice” is essential for learning skills, that transferable learning needs to focus on understanding, and that learning happens over long periods of time that include numerous practice opportunities. LBD foregrounds these essentials of deliberate practice in several ways. First, reflective and interpretive components are built into its cycles. The Design/redesign cycle asks students to reflect publicly on their decision making after they’ve made their first set of decisions about their designs. It asks them to interpret results and present those publicly after trying out ideas. The Investigate cycle asks students to interpret their results well enough for others to learn from them. The public whiteboarding that happens as a part of understanding the challenge provides a venue for reflecting on what needs to be learned and whether students know enough to be able to proceed with the challenge.

Second, the “how-to’s” of skills they are learning are not only discussed; they are captured in “rules of thumb” lists and “working definitions” that are displayed on the walls and reviewed, revisited, and revised over time. The prominent display of the how-to’s of the skills provides a sign of their importance.

Third, there is a critical focus on these skills during all whole-class discussions and presentations. The teacher models each, the design diary pages give students clues about what to reflect on, students experience and critique each other’s use of targeted skills as they are making presentations; and discussion following presentations focuses on not only the content of presentations but also the skills and practices used in coming up with results.

Fourth, grading focuses not only on results but also on the ability of students to articulate how they arrived at results and why the decisions they made were good ones. Grading schemes
take into account the rules of thumb and working definitions displayed on the walls; students are expected to make use of those guidelines in all of their work.

Fifth, by carrying out the same practices and using the same skills across challenges, students apply the skills they are learning in a variety of situations – several times in the context of one challenge and several more times in the context of another. Our results showing that students’ skills grow over the course of two units are based on students having six or more opportunities using each of the skills and reflecting on their uses of them, and we are collecting additional data to see whether and how those skills continue to grow with additional units.

Finally, in an LBD classroom, having the opportunity to explain and reflect on one’s reasoning and decisions and then refine them is a way of life. We saw that illustrated several times in the examples. During the Parachute Challenge, when students couldn’t trust each other’s results, they redid their experiments, taking advantage of principles of fair testing derived from the first time through. When individuals write up the design decisions that went into their parachute or balloon-engine designs, they do it based on their group’s attempt at such a presentation during the final gallery walk. Their individual writeups take into account the feedback from those presentations. And so on.

**Frequent, individual, in small groups, and public practice of skills:** In LBD, students practice the same skills several times in achieving one challenge, several more times in achieving another, and so on. They practice in small groups and publicly during presentation sessions, and they individually practice in regular homework assignments as well as in the lab and project writeups that they do individually. Presentations during poster sessions, pin-up sessions, and gallery walks make the reasoning of each group transparent to themselves and others, affording discussions about the how-to’s of carrying out practices and skills, advice from others on how to
do better, and comparing and contrasting of different ways of carrying out the same practices. When the teacher sees what students are capable of and where they are having trouble, she can tailor discussions and future activities to focus on those skills students are having trouble with. The need to present publicly provides reason for reflecting on and interpreting the group’s experiences. That they have the opportunity to get help from their peers provides reason for trying to explain and for figuring out what they need help with. That they have the opportunity to help others provides reason to take pride in their work and apply themselves to reflection and interpretation. Students have the opportunity to see how others carry out skills – peers model for each other. If a group gets good results and explains how they got those results, others can benefit from both seeing the results and hearing the reasoning and procedures that led to them.

**Establishing need – to engage in and learn about skills and practices and to work with each other:** Public presentations will do their job well only if students are motivated to take them seriously as learning opportunities. As professional colleagues, we present to and listen to each other because we know that we can become better at what we do through collaboration with others. We have learned that we can give students that same motivation if we ask them to engage in challenges that are interesting and engaging but too hard to do by themselves, if we introduce them early on to the fact that they can learn from each other, and if we orchestrate the classroom such that they need each others’ results to be successful.

**Making recognition of applicability automatic:** The literature tells us that the ability to reuse something learned in one situation in another requires being able to recognize that it might be applicable, judge its applicability, and figure out how to apply it, and that managing the whole set is difficult. By packaging several skills and practices into well-rehearsed “ritualized sequences,” LBD aims to minimize those difficulties. If learners recognize that they are in the
context of a sequence they are familiar with, they can focus on the content of what they are doing rather than putting cognitive effort toward figuring out what to do next. LBD’s classroom “rituals” come at expected times in the cycles and have well-defined expectations. Through repetition of the cycles, students learn that to understand a challenge, it is important to “mess about” with materials or devices similar to what one is trying to design so as to identify important factors to take into account in design, that a “whiteboard” that records observations, ideas, and learning issues will help to organize thoughts in moving toward a solution, that understanding culminates in being able to define specifications of what one is aiming to design that include criteria and constraints, but that one can’t really define those until he/she has an understanding of the effects of different variables. Knowing that they will share their results in a “poster session” with others who depend on their results helps them keep in mind the kind of rigor to aim for in their investigations. Knowing that they can influence, get help from, and get kudos from their peers in a “pin-up session” if they can articulate their reasoning well helps them keep in mind the rigor to aim for in making informed decisions. By packaging key sets of skills into ritualized activities where students are aware of how to participate and the benefits that accrue, students learn when the skills are applicable and the principles for carrying them out, allowing them to focus attention on carrying them out productively.

Establishing and enforcing expectations through building and sustaining the culture:

There are two kinds of expectations that are woven into LBD’s classroom culture – expectations about the rigor that will go into work they are doing and expectations about their interactions with others. Our classroom observations and formal results show that classes that are most successful in learning skills are those where (i) skills are repeatedly practiced and their how-to’s deliberated on, with the teacher playing an enthusiastic role in making that happen, and (ii) skills
are introduced early on in such a way that students recognize the importance of doing them well.

Our “launcher units” are designed with these principles in mind. In these introductory units, students engage in activities that make the need to engage well in skills clear and salient, and then they engage in those same skills again and again. For example, in their first activity, students work in small groups to design a bookstand from index cards, rubber bands, and paper clips. After showing off their designs in a gallery walk, the teacher gives them a chance to redesign their artifacts. Every group’s bookstand works better than their first in some way. But they have also copied ideas from each other. Students notice the copying and accuse each other of doing so. The teacher uses this opportunity to help the students consider the benefits of collaboration and the need to give credit to others for ideas that are borrowed. Throughout the launcher unit, as students are designing, the teacher helps them notice when they are taking ideas from others and makes sure they give each other credit. Students soon begin to give credit and to enforce credit giving. The launcher units have activities in them that similarly introduce notions of fair testing and justifying using evidence and that introduce the full set of LBD’s cycling and rituals. By the time students get to serious content (in Vehicles in Motion), they can participate fairly easily in LBD’s rituals and have some idea about when to engage important skills.

Expectations are established through participation in an activity where rigor in practicing skills makes results better, public recognition of those skills and articulating and publishing rules of thumb and working definitions for each, and friendly enforcement of use of those skills by the teacher and review, revisiting, and revision of their guidelines over time. When skills are repeatedly engaged in and students themselves begin the enforcing of their rigorous use, the stage is set for sustaining a culture that values their rigorous use.

**Challenges to Success**
We’ve identified three challenges to making skills learning work in our science classrooms: preparing teachers, assessment of skills learning, and time. These, we believe, will also be the challenges in promoting productive skills learning in technology education classrooms.

**Teacher preparation**

A major focus of our work in designing LBD and LBD units has been on how to make these kinds of practices easy for the teacher to carry out. Most teachers are not used to creating the kind of classroom culture that LBD advises, nor are they practiced in facilitating the kinds of class discussions LBD suggests. Teachers need time to learn and become comfortable with new practices. And there are a variety of teacher challenges inherent in managing a classroom of 30 or more children working on projects and creating a classroom culture that values collaboration.

We’ve come to the conclusion that there were several necessities we needed to include in our summertime LBD professional teacher development (Kolodner et al., 2003): (i) Teachers needed to experience LBD as their students would. (ii) We needed to help them understand the cycles and rituals listed above, most importantly iteration, doing and reflecting, messing about, whiteboarding, pin-up sessions, and gallery walks. (iii) We needed to help them learn the content they were teaching. (iv) We needed to give them experience constructing and testing everything the students would construct. (v) We needed to give them experience trying out their skills with children. We provide all of that in three-week summer workshops. After experiencing LBD and inquiry, they reflect on it as both students and teachers to extract what’s important. They then for 90 minutes each morning with middle-school students at Georgia Tech’s science summer camp, followed each day by reflection on the experience and going over the pedagogy, classroom skills, and rituals of LBD. Afternoons are spent learning science and completing their
experience with the full set of LBD units they will be facilitating in their classrooms.

We’ve also had to provide plenty of scaffolding for teachers during the school year. We make ourselves available by phone and email, and we make visits to classrooms, but we’ve found that perhaps our most powerful materials for teachers while in the classroom are the materials and activities we’ve created for students. The same sequences and ritualized activities that make it easy for students to grasp what they should be doing help teachers in the same way. Students know that they should be focusing on justifying design decisions with evidence in pin-up sessions. Teachers know that during pin-up sessions, they should focus their facilitation on those skills. As well, the launcher units help teachers ease into their new roles. Similarly, design diary pages that help students remember what to pay attention to while designing an experiment, testing a design, or making a design decision help teachers know where to direct their attention as they guide students. We’ve created teacher materials to go with the student books, but they use the student materials more often.

The biggest difficulty for teachers has been control. Our observations suggest that willingness to change the way one controls a class is a key to success. Teachers can’t always facilitate LBD well right away, but if they’ve bought in to what could be in the classroom, their classes thrive, and students and teachers learn together.

**Assessment of skills learning**

The tradition in classrooms is to assess students based on the results they produce. But this goes counter to what’s needed if we want students to be learning skills. We have a need to differentiate good use of skills that resulted in not so great results from mediocre use of skills where luck or previous knowledge or ingenuity allowed good results to be accomplished anyway. Difficult as well is to assess the skills learning of individual students when students are
mostly doing their work in small groups. Needed, we’ve found, is a way to assign grades that takes both results and skills used to get to those results into account and that takes into account both the abilities of individuals to perform as individuals and the ability of individuals to contribute to group capabilities and accomplishments. Our best teachers assess a combination of individual and group work, and they use formal and informal assessments. Some give tests, and some of them find that they collect enough evidence of learning from work the students are doing from day to day that they have no need to give tests. Posters and design diary pages that groups work on in the context of achieving design challenges, for example, provide solid evidence of a group’s capabilities. They contain a record of the group’s deliberations – the investigations they did and what they learned from them, their ability to analyze data, their ability to make informed decisions and justify them well, their ability to explain, and so on. Individual write ups of experimental work and final project reports provide evidence of individual understanding and capabilities. It is also possible to gauge student capabilities by giving them additional “performance tasks” to work on – a smaller task than a full design challenge that requires the same skills or knowledge. In our Vehicles unit, for example, we ask students to apply what they’ve learned about forces to the design of a vehicle for Antarctic exploration and to justify each of their recommendations using evidence from experiments done and science principles discussed in class. The rules of thumb lists and working definitions of skills created by the class can serve as rubrics for assessing the extent to which students are skillfully using the skills they are learning. If rules of thumb associated with fair testing advise on how to control variables and measure precisely, for example, then student assignments can be graded according to the extent to which they follow those rules of thumb.

Time
Finally, time on task is a big challenge for the middle school science teachers we work with. Most teachers are used to covering something and moving on, and most administrators, parents, and students have that expectation as well. Local and national standards are being set that ask teachers to cover a huge amount of content without real depth. Yet, skilled learning, whether of content or of skills and practices, requires time, consistent repeated use, and reflection. When time is taken to learn some set of skills or content deeply, there is little time left for covering the breadth of content or skills required by a set of standards. We’ve found no easy way around this for science education – the system is not on the side of deep learning of skills learning right now. But it may be easier in technology education where there is agreement that skills learning is essential. A curriculum that focuses on the same set of skills over several different domains of application should have the time and variety in it to insure productive skills learning if skill learning is foregrounded and ritualized in the ways suggested, if important skills are consistently practiced individually and in public in settings authentic to their use, and if expectations of rigor and group work are set and enforced as part of the culture of the classroom.

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